# Christina Nesbit

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### **Objective**

Seeking California Community College Faculty Counselor position and opportunity to teach counseling courses including: Introduction to College, Interpersonal Relationships, Career Planning and College Success Seminar.

### **Higher Education Experience**

## **Cerro Coso Community College**

February 2021 - Present

Counseling Intern - ACCESS Programs (DSPS/CalWORKS/EOPS/NextUp/CARE)

- Shadows counseling appointments that include the development of comprehensive educational plans.
- Attend weekly ACCESS Counselor Meetings as well as district, campus, and community resource meetings.
- Joins a weekly counseling course (Tools for College Success) and participates in class lectures.

## **West Los Angeles College**

January 2021 - Present

Education Coach - College 2 Career (C2C) Program

- Coordinates and collaborates with community agencies, including Department of Rehabilitation.
- Supports students in and out of the classroom as a coach/tutor, advocate, and in one-on-one or group settings.

## Los Angeles Harbor College

February 2020 - Present

Career Guidance and Counselor Assistant - CHAMPS Program

- Incorporates distance learning counseling practices to facilitate student-athletes' transition from oncampus learning to distance learning due to COVID-19 campus closure.
- Assists student-athletes with academic related questions and check-in with each student-athlete through the semester regarding scheduling, academic advising, tutoring, and campus resources.
- Develop and host workshops that are tailored towards personal and professional development.

## California State University, Dominguez Hills

Social Chair & Social Medial Chair - Graduate Counseling Association (GCA)

May 2020 - Present

- Plan, implement, and organize all GCA events.
- Responsible for promoting and sharing GCA's events and news through social media.

Graduate Student Volunteer - Athletics Department

**January 2020 - March 2020** 

 Performed clerical work for the Student Success Coordinator and documented status of academic mentorship for at-risk student-athletes.

### California State University, Long Beach

Resident Assistant - Housing and Residential Life

August 2017 - May 2019

- RA for General Housing and Thematic Learning Community "Outdoors and Adventure."
- Created five programs per semester that were focused on personal and academic development.
- Received "Rookie of the Year" award for Hillside Housing in May 2018 for excelling in the areas of student engagement and conflict management.

LIFE Project Intern - Bob Murphy Access Center

January 2018 - May 2018

 Peer mentor to students with autism, led Recreation Exercise Counseling Activity Program (RECAP), and helped facilitate weekly workshops that were centered around development in both students' academic and personal lives.

- Counseled and mentored students to develop SMART goals based upon self-identified areas of need.
- Wrote weekly status reports about peer mentoring progress throughout the semester.
- Developed and presented an interactive workshop emphasizing a holistic approach to healthy living and wellness that focused on providing students with campus resources.

### K-12 Education Experience

# Fleming Middle School, Los Angeles Unified School District

August 2020 - December 2020

**Expected: December 2021** 

School Counseling Intern - 8th Grade

- Observed IEP meetings, 504 accommodation plan creations, and counseling lessons.
- Created and presented a College and Career Month presentation for middle school students.

## **Education**

## California State University, Dominguez Hills

Master of Science in Counseling; Option in College Counseling, PPS Credential

# California State University, Long Beach

August 2019

Bachelor of Science in Kinesiology with a concentration in Sport Psychology and Leadership, Minor in Psychology

- Magna Cum Laude, CSULB Class of 2019 Outstanding Undergraduate Award (Department of Kinesiology, Sport Psychology Concentration)
- CSULB Department of Kinesiology Summer Study Abroad Course at University of Winchester

### **Professional Development**

Rancho Santiago Community College District: Rancho Academy Program, February 2021 - April 2021

• Community College Faculty Preparation

### California Community College Chancellor's Office, March 2021

• CCC Transfer Guarantee to HBCU Certification

# California State University, Dominguez Hills, Fall 2020

California Community Colleges' Success Network (3CSN) Course, Equity 101

#### Los Angeles Harbor Community College, October 2020

disAbility Ally Training

### California State University, Los Angeles: Online Course, July 2020 - August 2020

Dual Enrollment: Preparing Community College Instructors to Teach at High Schools

## Innovative Schools Summit, June 26-28, 2020

• Back to School Post-Pandemic: Addressing the Needs of At-Risk & Traumatized Students

#### California State University, Long Beach

- QPR Suicide Prevention Gatekeeper Program: January 2018
- Alcohol, Tobacco, and Other Drugs (ATOD) Beach Days Programming: August 2017
- Social Justice Training Housing and Residential Life Resident Assistant Training: August 2017 and August 2018

## **Professional Affiliations**

American Counseling Association (ACA)

2020 - Present

## **Professional Conference Presentation**

Western Psychological Association Conference (99th Annual WPA) (Pasadena, CA) (April 2019). *Effects of Frustration on Cyberloafing*. Co-Poster Presenter with CSULB Professor Dr. Christopher Warren, et al.