# Taking Work Leave? Let us be a resource 

When you go on family medical, disability or maternity/paternity leave, there's no need to worry about healthcare and insurancerelated issues. You can take comfort in knowing that your Health Advocate benefit, paid by your employer or plan sponsor, offers you unlimited access to a Personal Health Advocate who can to handle your questions and concerns. You'll be free to focus on yourself and your loved ones.


## Our Experts are your Go-to Resource

## Family medical or disability issues

- Clarify a diagnosis, research the latest treatments, and if needed, find a doctor for a second opinion
- Locate the right doctors, hospitals and other providers. We'll even make the appointments
- Research caregiver and community resources such as in-home care and eldercare services
- Coordinate between your doctors and health plan. For example, if you need to resolve a disability issue, we can help with the required paperwork
- Find affordable options for durable medical or other special equipment


## New moms and dads

- Answer questions about newborns such as feeding, bathing and sleeping issues, common conditions, when to call the doctor and more
- Find care or services for babies with special health needs
- Explain adding your baby to your health plan. Inform you of the time frame and help you with the paperwork

Remember... Your Personal Health Advocate is your partner in health and can help you while you are on work leave and assist you with a variety of healthcare and insurance-related issues. Eligible employees, their spouses, dependent children, parents and parents-in-law can use the benefit. Just call or email answers@HealthAdvocate.com.

- Address billing or claims issues

