

#### Health Advocate\*

# The Many Ways We Can Help!

**Help is only a phone call away! Call 866.799.2728 today.** Your Health Advocate benefit is being offered by your employer at no additional cost for you and covers eligible employees, their spouses, dependent children, parents and parents-in-law.\*

#### **Health Advocacy**

## Find the right doctors

We can also locate hospitals and other providers, make appointments, explain treatments and transfer medical records.

## Help to make informed decisions

We will research conditions and treatment options, and facilitate second opinions.

#### Resolve benefits issues

Turn to us for help resolving claims issues, untangling medical bills and coordinating benefits.

## Get your questions answered

We help you become informed about test results, treatments and medications prescribed by your doctor.

## Expert, short-term assistance

Our Licensed Professional Counselors can make referrals for more in-depth care, if needed.

#### Support with work/life issues

Our Work/Life Specialists can help locate childcare, eldercare, legal and financial assistance.

### Professional, caring support

EAP+Work/Life<sup>™</sup>

Get personalized help with stress, depression, family problems, substance abuse and much more.

## Convenient online resources

Get 24/7, online access to educational materials, webinars and other helpful resources.

Health Advocate is not affiliated with any insurance company or third party provider, and does not provide medical care or recommend treatment.



<sup>\*</sup>Restrictions apply