



Rancho Santiago Community College District

3 free face-to-face, or telehealth, counseling sessions per household unit, per issue, per year with licensed therapists.

For confidential assistance with problems involving:

- Marriage and Family
- Substance Abuse
- Grief
- Adolescent Behavior
- Depression
- Legal & Financial
- Stress
- Job-related Issues
- Emotional Difficulties

Our EAP also includes...

- **Toll-Free Crisis Line:** nationwide 800 number, with licensed therapists, to help you 24/7/365.
- **Legal & Financial Consultations:** speak with a licensed attorney or financial expert up to 30-minutes per matter. 25% discount on legal or mediation services if attorney is hired.
- **Legal & Financial Resource Center:** legal and financial services portal with helpful information on thousands of legal issues, financial calculators to help with planning, and access to state specific forms.
- **Community Referrals:** child care, educational resources, support groups, chemical dependency groups and more.
- **Community Referrals Resource Center:** online social care network for locating community based resources.
- **Active Daily Living Resource Center:** information and education for eldercare and family caregiving needs.
- **Weekly Webinars:** on wellness related topics such as nutrition, stress management and reaching goals.
- **Free Kits:** wills, end-of-life planning and retirement kits, plus an estate-planning checklist.
- **Consumer Discounts:** hotels, car rental, entertainment, gym memberships, prescription medications and more.
- **HolmanGroup.com:** review EAP plan information, resource centers, consumer discounts, webinars, newsletters.

www.Holmangroup.com User Name: RanchoCCD (case sensitive) Password: Santiago1126 (case sensitive)

Full-time employees are eligible on the first of the month after their date of hire. Plan benefits extend to dependents, including employee's lawful spouse and dependent children up to age 26 no matter where they live. All household members are covered, regardless of age or dependent status. Each issue must be preauthorized for counseling and is initiated by calling The Holman Group at (800) 321-2843. *Benefit renews annually on 1/1*



The Holman Group
Managed Behavioral Health Care Services

TO ARRANGE A CONFIDENTIAL APPOINTMENT CALL:

800-321-2843 or visit www.HolmanGroup.com

An EAP counselor is available 24 hours a day, 7 days a week for emergency and urgent assistance. To schedule an appointment, receive a community referral, or other inquiries, you may call M-F, 7:30 am to 5:00 pm PST.

REMEMBER: THE HOLMAN GROUP IS A CLOSED SYSTEM WHEREBY ALL TREATMENT MUST BE PRE-APPROVED AND AUTHORIZED BY THE HOLMAN GROUP. ALL TREATMENT MUST BE PROVIDED BY A HOLMAN CONTRACTED PROVIDER.