

Rancho Santiago Community College District
ADMINISTRATIVE REGULATION
Chapter 5
Student Services

AR 5200 Student Health Services

Reference(s):

Education Code 76355, 76401, 76403

In accordance with Board Policy 5200, the following services will be provided within the confines of the Student Health Center:

- 1) Medical Care Services
 - a) Assessment of medical histories and clinical data by qualified health professionals to develop a nursing or medical diagnosis, provide interventions and referrals when appropriate.
 - b) Development of treatment plans for onsite testing, dispensing of medication, and provision of prescriptions per standardized protocols, referral and patient education/health counseling.
 - c) Referral to other health services agencies for additional evaluation and treatment when the medical condition is beyond the student health services scope of practice.
 - d) Provision of First Aid and basic emergency care following a medical incident that requires immediate intervention, including CPR and use of automatic external defibrillator.
 - e) Assessment of health status and if necessary development of plans to increase fitness and health which may include counseling for tobacco cessation, weight management, assessment of nutritional status, and blood pressure.
 - f) Investigation and control of communicable diseases through screening immunizations and case management. The College's Nurse Coordinator may assist in the investigation of communicable disease cases in collaboration with the County of Orange Public Health Department.
 - g) Provision of Physician's and Registered Nurse or Nurse Practitioner clinical care services which may include physical examination, microscopy, prescription, clinical lab assessments, and referral to other medical agencies or private medical providers, community clinics, urgent care centers or pre-hospital paramedic and emergency services.
 - h) Provision of student accident insurance follow-up for injuries incurred on campus or at any scheduled college-related activity.

- 2) Mental Health Services
 - a) Assessment, evaluation, management and referral in cases of acute mental health crises.
 - b) Threat Assessment Team participation in coordination with the office of Campus Safety, Student Discipline and the Chief Student Services Officer.
 - c) Short-term psychological counseling and when necessary referral to other local agencies/providers for long term therapy.
 - d) Alcohol and drug use assessment and referral to other agencies and medical providers.

- e) Awareness programs for conditions such as eating disorders anxiety, and suicide with referrals to other agencies and medical providers when indicated.
 - f) Stress management awareness through workshops, presentations, or individual and/or group counseling.
 - g) Suicide prevention/intervention through educational programs and crisis counseling referrals.
 - h) Sexual harassment/ assault recovery counseling through assessment with referrals to appropriate agencies and medical providers.
- 3) Health Education
- a) On-line and in-classroom health assessments.
 - b) Access through the Health Centers website for resources for health related issues.
 - c) Family planning education, screening and contraception.
 - d) Health related publications and videos.
 - e) Tobacco cessation support and services with referral to community agencies.
 - f) Alcohol awareness and education.

Adopted: May 9, 2016